



# Consd News

THE NEWSLETTER OF CONTEMPLATIVE OUTREACH OF NORTH SAN DIEGO

Volume 3 Number 1 February 2008

## SPECIAL INTEREST

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## "Advent: Here We Go Again" [New Perspectives on a Familiar Theme]

In introducing Father Carl Arico, VP of Contemplative Outreach, Ltd. and a 30 plus year speaker on and practitioner of Centering Prayer, CONSD's Co-Coordinator Chris Hagen stated that "Everyone Fr. Carl touches is changed." And so it was for the 100+ attendees present in St. Bartholomew's Episcopal Church, Poway on the morning of December 8<sup>th</sup>, 2007.

Fr. Carl set the stage for his Advent theme by reminding us that Centering Prayer is not just a prayer of consent, it's a way of life, an adventure that gives us a key to open the door to our relationship with God. But it is up to us to turn the key and walk through that door. Advent can help us take those critical steps forward. As we consent to God's presence within us, we also consent to God's intention to bring us closer to the Father. He pointed out that Advent calls us to celebrate our spiritual roots especially the fact that God's DNA is alive in each one of us. We're all connected with God and with each other: *"I am in my Father, and you are in Me, and I am in you."* (John 14:20.) Not only is this an "awesome connectedness", it is the basic message of Advent. With humor, clarity, and insight, Fr. Carl then proceeded to unravel the true potential of Advent using four key words: **Wakeup, Yearning, Jesus, and Time**. The Advent season calls us to: **Wakeup** to the fact : that deep down inside each of us there is an innate **Yearning** for intimacy with **Jesus**, but the problem is that we don't

have or make the **Time** to spend with Him in cultivating a deep, intimate relationship.

Therefore, every year Advent comes around, once again, to give us the opportunity to make the time to deepen this intimate relationship. As Advent begins each new liturgical year, it tries to slow us down, to give us time: time to tune in to eternal time – the vibration of God's presence in the world, time to wakeup and make more space for ourselves and our Centering Prayer practice so we can change and be transformed, time to focus on how and whether to allow the fire of our yearning for God's love to burn out of us what needs to go. He urged us to keep in mind that each one of us is a constant work in progress. Just as our human body rejuvenates every seven years, so too our spiritual being continues to evolve. And so, each Advent finds us changed from the previous year. Fr. Carl emphasized that Advent is a time of generosity, a time for letting go of patterns in our lives that block the flow of God's grace, a time for walking in the presence of the Lord and making space for Him, a time to realize that everything, including life itself, is a gift and to celebrate how truly blessed we are, a time to slow down and get in touch with what really is important in our lives. In this annual season of waiting, we are called to intimacy with God. (cont'd p. 2)

## "Advent: Here We Go Again" cont.

We are called to be pure of heart, to see God in everyone and everything. We are called to live in hope and to believe in God's promise that eventually peace on earth will prevail.

By the end of the morning, armed with these and other profound new perspectives on Advent, we were, indeed, changed – just as Chris said we would be. We now eagerly look forward to Advent as a precious gift of time to consent to journey once again and really hear the story of this beautiful season for the first time. "Advent: here we go again": thank God, and thank you, Fr. Carl, for waking us up to its potential!

Alicia Annas

## UPDATE ON THE LIVING FLAME PROGRAM

The Living Flame Program presented by Contemplative Outreach, Ltd. will begin in September 2008. The Program has four main objectives:

- To heighten one's awareness of the dynamic of contemplative prayer in the context of the Spiritual Journey
- To offer the understanding needed to stay faithful to the Centering Prayer practice
- To access a deeper understanding of the purification process
- To receive and share personal experiences in a community committed to Centering Prayer

The Sessions will cover Lectio Divina, Refinement of the Centering Prayer Practice, Formation of the False Self, The False Self in Action, Divine Therapy, Night of Sense and the Welcoming Prayer. There will be one session per month from 9:00AM to 4:00PM at St. Bartholomew's Episcopal Church in Poway. The dates are: Sept. 20, Oct. 25, Nov. 22, 2008 and Jan. 31, Feb. 28, Mar. 28 and Apr. 25, 2009. The donation will be approximately \$150.00 for the entire Living Flame Program depending on how many sign up and the cost of bringing the Presenters to North San Diego. For more information or to sign up please call Sue Hagen at (760) 745-8860.

## Reflections on a Retreat on Contemplation

Seven of us contemplatives from the San Diego area attended the annual Advent Retreat of the Immaculate Heart Community at the IHM Retreat Center in Santa Barbara on the weekend of Dec. 14-16. The theme was "Discernment" led by Rev. Cynthia Bourgeault, Episcopal Priest, and noted author. We were initially asked to ponder two questions: "How do we listen? And how do we bring enough staying power to stay with a courageous decision?" The weekend included reflective sessions with Cynthia, periods of silence, and the celebration of a Contemplative Eucharist. What remains in my heart as I write now in 2008 about the wisdom learned from Cynthia? She demonstrates that our faith, like Eucharist, is meant to be a "verb," and that it is the daily spiritual practices of Centering Prayer, Lectio Divina, Sacred Chanting, and the Welcoming Prayer,

(Cont'd P. 3)

## Reflections on a Retreat on Contemplation cont.

that awaken our hearts to intimacy with God, rather than our “beliefs.” May we also look to another contemplative, Mary of Nazareth, as a model for discernment, as glimpsed in the poem “The Annunciation” by Denise Levertov.....

We are told of meek obedience.

No one mentions courage.

The engendering Spirit did not enter her without consent.

God waited....

Consent illumined her, Consent and courage  
unparalleled,

Opened her utterly.

Cynthia will come to North San Diego and  
present an Event on Jan.16-17, 2009

Diane Langworthy

## The Song and the Silence Are One:

*“Only when you drink from the river of silence, you will indeed sing.” – Kahlil Gibran*

The wake of the 2007 wildfires proved to be an auspicious time to join with other Southern California Centering Prayer practitioners to explore death and the dying process from a contemplative perspective. Freshly reminded of the fragility and vulnerability of life, a sizable group of contemplatives gathered in late October at San Dieguito United Methodist Church to pray together and to ponder the transformative dimensions of dying under the skillful guidance of Bryan McNutt, M. Div., a spiritual counselor for Silverado Hospice who also serves as a Centering Prayer group facilitator at St. Paul’s Cathedral in San Diego. With delightful wisdom, sensitivity, and insight, Bryan led us in examining how contemplative prayer invites us to embrace both living and dying as a unified process, drawing on psychology, the teachings of various spiritual traditions, guided meditations, and our own experiential sharings.

As Bryan pointed out, our culture’s way of dealing with death tends to be spiritually immature. Many Westerners deny the reality of death by avoiding all reminders of it – particularly the frail or aging body; others may idealize and romanticize death, turning it into an obsession; and still others become numb to death because of overexposure to mainstream entertainment and news media. Contemplative prayer, on the other hand, offers us the chance to participate more meaningfully in the ongoing dance of life and death – to see that “life and death are one, even as the river

and sea are one,” as Kahlil Gibran mused. Consistent contemplative practice actually heightens our awareness of the subtle rhythms of death that occur in our daily lives – in fact, the constant surrendering and “letting go” that occur during a time of Centering Prayer is a dying to the false self, a releasing of our ego-identified separate-self sense to God -- which in turn facilitates our transformation into our true self dwelling in unity with Christ at the center of our being. This daily practice of dying, or surrender, actually enables us to become *more fully present* to all that greets us at each moment: more completely engaged, more available to love, more able to embrace joy or struggle or wonder or pain. This is, in part, the wisdom couched in St. Benedict’s teaching to “keep death before us every day,” and, as one practitioner advised, to “welcome death as an old friend” with something to offer us. The seeming paradox lingering in the discovery of how befriending death actually teaches us how to live is one of the great gifts of the contemplative path.

What a blessing to have been able to attend such an enriching, thought-provoking gathering! I know that many attendees felt stretched, quickened, and deepened by this exploration of contemplative dying. Thank you, Bryan, for your wisdom and skill, and for the tender loving care that you brought with you on that day as you challenged us with this question: “Why not learn to dance with death now ... so that we might also become lovers with life?”

Mary Williams

## St. Gabriel's Prayer Group

Where two or more are gathered in my name.....

Greetings from St. Gabriel's Friday morning Centering Prayer group in Poway! We have been in existence for about 15 years and many times in the beginning there were only two or three of us gathered to share the silence. We have grown, ebbing and flowing steadily since then, to a regular group now of about 10 to 12, sometimes filling all the available seats in the small room where we meet next to the parish office. Our next step may be moving to a larger room. Our group is ecumenical, diverse and sometimes lively but strives always to be welcoming, supportive, and loving. Having been around for some time we have been touched by life and death, happiness and heartache, sickness and health. Through all our life's journey's we have been connected and sustained by the great gift of Centering Prayer and our circle of friends. Until recently we have been led by the inspiring and ever – faithful Evie Mc Greevy. We owe her great a debt of gratitude for her unfailing dedication and leadership. Though she continues to remain a vital member and spiritual

guide in our group she has stepped down from the facilitator role. We meet at 9:30 a.m. and usually began Centering Prayer by about 9:45 a.m. after a spiritual reading. We have agreed to rotate responsibility for the time -- keeping so, as one of our members fittingly put it, "none of us gets too good at it." It has been enlightening to hear the variety of readings which often stimulates the discussion after our steps. We have also used an assortment of resources for our formation: watching Fr. Keating videos, doing book studies and listening to audio recordings. Most recently we have been listening to parts of Cynthia Bourgeault's CD's on "The Wisdom Jesus." During Lent we will be reading and discussing Fr. Richard Rohr's book, "Everything Belongs, The Gift of Contemplative Prayer." We will also enjoy a special treat this month as one of our members has invited us to her home to screen the movie, "Into Great Silence." We invite you to gather with us on Friday mornings, joining Jesus in our midst as together we continue on this amazing, transformative journey through Centering Prayer.

Elena Andrews

## Prayer Group Facilitator Support and Affirmation Meeting

On January 5<sup>th</sup>, 2008 twelve Centering Prayer group facilitators gathered at Coastline Community Church in Encinitas for the first quarterly Prayer Group Facilitator Support and Affirmation Meeting of the new year. The purpose of this meeting is to provide a forum for prayer group facilitators to share prayer group facilitation ideas, provide mutual support and affirmation, create a sense of community, and provide input to the CONSD Servant Leadership Team as to how it can best meet the needs of the CONSD prayer groups. As in all of our previous meetings this meeting most certainly met these goals. During the sharing of the current status of each of the prayer groups represented at the meeting there was a lively discussion regarding the use of books for formation. All groups read and discussed one chapter at a time. One group reads each chapter aloud at the group meeting with each prayer group member reading

one or two paragraphs and then handing the book to the next person. Another prayer group facilitator asks the members of the group to pin point one part of the chapter that really struck them as they read it at home and to bring that idea to the group meeting for discussion. Yet another facilitator makes copies of one or two pages that embody the salient ideas of the chapter and has it available for those group members who were not able to read the chapter before the meeting. During another part of the group sharing one facilitator described a very beautiful Lectio Divina format that her group uses. She will teach this format to us at our next meeting. The remainder of our meeting involved the viewing and discussion of a video tape by Fr. Thomas Keating in which he discussed the role of a Centering Prayer Group facilitator. (cont'd p.5)

## Prayer Group Facilitator Support and Affirmation Meeting cont.

He began his comments with the statement that “the role of the facilitator is extremely significant in the various levels of servant leadership.” The content of his remarks focused on the purpose of a Centering Prayer group as a support group, a place where the members provide mutual support to one another to sustain the practice of Centering Prayer during the transformative process it mediates. Fr. Keating stressed the point that a Centering Prayer group is not an appropriate forum for the discussion of theology.

We encourage all prayer group facilitators to participate in these stimulating community meetings. Also, if you are not able to attend you are encouraged to send a representative from your prayer group. Our next meeting is Saturday, April 5<sup>th</sup> from 12:00 pm to 2:00 pm. (Location to be announced) Bring a sack lunch to our community lunch.

Chris Hagen, CONSD Co-Coordinator

## The Need To Forgive

On May 10<sup>th</sup> Fr. William Meninger will spend the day with us exploring why there is within us the compelling need to forgive. Fr. Meninger is a Trappist monk who was and is to this day a very vital part of bringing Centering Prayer to the secular world. Fr. Meninger has published numerous books, audio tapes, and CDs related to Centering Prayer. One of these publications is his seminal book on forgiveness titled “The Process of Forgiveness.” The following are a few excerpts from that book that will provide a taste of the focus of the May 10<sup>th</sup> day with Fr. Meninger. “By the instructions of Jesus, it [forgiveness] is an absolute necessity... Not only in his teachings has he insisted on it, but by his example as the final act of his earthly life. Should we forgive simply because it is commanded? Did God arbitrarily decide one day that forgiveness would be a good thing and so make it obligatory? Certainly not. Forgiveness is demanded by the very nature of man and woman. It is not only divine, it is also human. God commands it because without it we are less than human, with it we are more. Forgiveness is a human need. Forgiveness is a form of realism. It allows us, perhaps for the first time in our life, to see ourselves, others, and events of our life as they really are. It does not deny, ignore, minimize, camouflage, or excuse what others have done to us or how we have suffered from their acts. When we forgive, we enable ourselves to look squarely at our wounds and their scars. We can see how much energy we have wasted by not forgiving and we begin to realize how much we have going for ourselves as we move on with our lives. It is extremely important from the very beginning to understand that the primary consideration and motivation for forgiveness is ourselves. We forgive others, in the first place, for our own sake. This is why God commands it of us. This is why it is a human need. It is only when we forgive that we are free. Only when we allow our wounds to heal and let forgiveness occur will we free ourselves from our self-imposed prison cells.” Please join us as Fr. Meninger explains *why* we must forgive and *how* to forgive

Date: 5/10/08

Time: 8:30 am – 3:00 pm

Location: St. John the Evangelist Catholic Church

1001 Encinitas Blvd., Encinitas

Chris Hagen

## UNITED IN PRAYER DAY

We invite you to join our two San Diego area Chapters, CONSD and COSD, for the 16<sup>th</sup> Annual United in Prayer Day on Saturday March 15, 2008. This special Day unites the worldwide network of Contemplative Outreach in a single bond of Centering Prayer. This year's theme is "A Taste of Beauty, Truth and Goodness" and features a DVD of presentations by Fr. Thomas Keating and Fr. Richard Rohr at the Contemplative Outreach 2007 Annual Conference held in Houston, Texas. We will gather at St. Bartholomew's Episcopal Church 16275 Pomerado Rd. in Poway at 8:30 for refreshments and registration and begin Centering Prayer at 9:00. Following the DVD we will have a period of contemplation and discussion and the Event will conclude at 12:30. The suggested donation is \$20.00. Please pre register using the form on the back page. Walk ins are welcome. For more information please call Sue Hagen at 760.745.8860.

## Regional Representative Report

Hello from Marie Howard. I am the Regional Chapter Service Representative for Contemplative Outreach for this West/Pacific Coast Region. Our Region is made up of the states of Arizona, California, Hawaii and Nevada. I've been invited by Chris and Sue to give you a brief explanation of the role of the Regional Representative.

This Regional re-design became effective, one year ago, January 2007 to help meet the growing needs of those in service to the Contemplative Outreach Chapters. I was appointed the Regional Representative and among my duties is to support Coordinators, Contact Persons, commissioned Presenters and Centering Prayer group Facilitators

Susan Komis, Chapter Resource and Communication Services (CRCS) director oversees the Regional Representatives. At the present time there are five Regions in the U.S. The Regional Representatives are able to personalize support and interaction between the Chapter Leadership and Contemplative Outreach as we offer support and ongoing educational programs as needed. We will be putting together a Regional Calendar of the Introduction to CP dates, days of prayer, retreats and special events offered throughout our four states. For information contact me: Email: [MRHfamily@aol.com](mailto:MRHfamily@aol.com) or Phone: 310-823-5863. I am available to serve you!

## CONSD HOSPITALITY TEAM

The Hospitality Team provides refreshments for our Half day Events and Special Events. As for beverages we have been providing juice, coffee, decaf, tea and water. We plan the menus and shop for the refreshments mostly at Costco. Based on what food disappears and what food is left over, we have come up with a basic list of food that has been well received. If anyone wishes to donate additional foods or savories to our basic fare such donations are always welcome. We provide zip lock bags, both quart and gallon sizes so that those who wish to can take some of the goodies home. Chris and Sue take all unclaimed

refreshments to Interfaith in Escondido. Other than providing food, we try to create a centerpiece for the food table in a manner appropriate to the season.

We are presently in the process of adding a Coastal Hospitality Team to the existing Inland Team thus expanding our capabilities to serve. We also will be asking individual Prayer Groups to take turns in procuring refreshments and in setting up for our Events.

Joan Van Horne and Nancy Bachelier

## Amidst the Oak Trees

The precious spring rain had sprinkled the land like a baptismal font. Earth and sky and trees were freshly washed, leaving the morning air clear and cool.

Ten of us gathered for a prayer retreat at the home of Jean Tiffany, her house nestled in an oak forest in the Live Oaks Park area of Fallbrook. Our group sat comfortably on couches and lounge chairs in the family room. Through the open door came sounds of birds flying among hanging bird feeders and bird houses. Non-existent were traffic and city noises. Hugs and greetings came first and then centering prayer, twenty minutes of silence. That was followed by a DVD entitled "Listening to God" featuring Abbot Joseph Boyle and Fr. Thomas Keating.

Lunch time was a delight. A large, extended table accommodated us snugly and nicely. We laughed often and enjoyed the busy-ness of passing plates and serving dishes and chattering. "Please pass the butter." "Did you get some chicken?" "Try the pickled beets." Eating a meal together, which we seldom do, became another time of bonding. After lunch, someone suggested that a walk would be good. Stepping outdoors was like entering a peaceful haven. From the deck we could look down into the shady oak forest, hear the buzzing humming birds and neighing horses. We walked along a trail to a sunny area of citrus trees where we could see the two horses in their corral. Along the way we stopped to admire the calla lillies and camillias and various potted plants. When we returned to the house, we had a restful, second period of centering prayer. The quote that emerged from the video that struck me was by Dag Hammarskjold from his autobiography "Markings" in the context of prayerful listening to God. "For everything that has been, thanks. To everything that will be, yes." My first reaction was a defiant "no." I commented that I didn't like the prospect of aging and declining health. Paul Seckendorf replied that whatever comes in the future comes from a loving God. His statement silenced my protest as I saw his faith in his eyes and in his gently spoken words. At another event at Ocean-side Presbyterian Church the following week, I was talking to Paul Hefner about the Virginia Tech tragedy which he had included in his opening prayer. I spoke about my daughter who lives in Arlington, Virginia, and how I had concerns for her safety especially when the Pentagon was bombed on September 11th. Paul responded by quoting words that Jesus spoke, "No one will snatch them out of my hand." God is in charge even in the chaos. I also take refuge in reciting the words that Jesus spoke to his frightened disciples when they saw him walking on water, "Take heart, it is I; do not be afraid."

At the prayer retreat, ten believers had joined in contemplative prayer and in so doing had been the body of Christ to one another. The light filtering through leafy branches, the stirring of wind chimes, the stillness; all had testified to the presence of the Spirit.

### EPILOGUE

Jean Tiffany's home burned to the ground in the October wildfires. With the same fervor she uses in prayer, this octogenarian is energetically rebuilding. In addition, upon witnessing the outpouring of love and help from Jean's friends, her son accepted Jesus Christ. Jean says she would watch her house burn to the ground five times if it meant salvation to one of her children.

Fay Chang

Fallbrook Centering Prayer Group

## CONSD EVENTS

### February 2, 2008

**Event:** Sacred Rhythm

**Time:** Time: 9:30-12:30

**Location:** San Dieguito United Methodist  
Church Encinitas

### February 2, 2008

**Event:** Follow Up to Contemplative Dying

**Time:** 12:30-2:00 Bring a sack lunch

**Location:** *same as above*

### March 8, 2008

**Event:** Introductory Program

**Time:** 9:00 to 2:00

**Location:** Trinity Episcopal Church in Escondido

### March 15, 2008

**Event:** United in Prayer Day

**Time:** 8:30 to 12:30

**Location:** St. Bartholomew's Episcopal  
Church in Poway

Suggested Donation: \$20.00 *Use the Registration form  
on the back page*

**For information about CONSD events call**

**Sue Hagen at (760) 745-8860**

**For information about COSD events call**

**619-226-6000**

Contemplative Outreach of North San Diego is a non-profit ecumenical spiritual organization

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908 Via Linda Escondido, California 92029 **Postmaster: please**

### April 11-17, 2008

**Event:** Intensive Retreat in Orange, Ca.

**Facilitators:** Fr. Carl Arico and Marie Howard

**For information** contact Marie Howard at (310)  
823-5863

### May 10, 2008

**Event:** Forgiveness with Fr. William Meninger-

**Time:** 8:30 to 3:00

**Location:** St. John's Catholic  
Church in Encinitas

Suggested Donation: \$40.00 *Registration  
form on back*

### August 23, 2008

**Event:** Half Day Retreat

**Time and Location:** TBA

## OTHER UPCOMING EVENTS

### Sept. 20, 2008

**Event:** Living Flame Program

### Dec. 6, 2008

**Event:** Advent with Susan Komis

## 2009

### Jan. 16-17, 2009

**Event:** Cynthia Bourgeault

### Dec. 5, 2009

**Event:** Advent-- Fr. Carl Arico

### The Newsletter of CONSD: The North San Diego Chapter of Contemplative Outreach, Ltd.

Editors: Sue and Chris Hagen

Layout and Design: Anne Alferos

Mailing Committee: Rebecca Crowley  
and the Prayer Groups from Poway and Rancho  
Bernardo

## CONSD Centering Prayer Groups

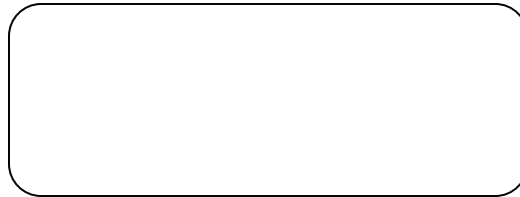
	Area	Leader's)	Telephone	Location	Day & Time
1	Del Mar (1)	John & Mary Wavrik	858-755-8437	St. Peter's Episcopal Church 334 14 <sup>th</sup> Street, Del Mar	Tuesdays: 4:30 p.m.
2	Del Mar (2)	Kathy Agnew Susan Siciliano	858-481-8754 858-792-6988	Home of Carol Walsh (Call for directions)	Mondays: 6:30 PM
3	Encinitas (1)	Margo King Shirley Shetula	760-436-4460 760-436-6721	Home of Bernice Taaff (Call 760-942-2165)	Mondays: 10:30 a.m.
4	Encinitas (2)	Mike and Ann King	760-753-1575	Home of Mike and Ann King Call for directions)	Thursdays: 7:00 p.m.
5	Encinitas (3)	Sharon Hoffman Beth Ward	760-635-9463 760-436-6589	San Dieguito United Methodist Church (Call for meeting location)	Mondays: 6:30 p.m.
6	Escondido	Linda Dollins	(760) 745-5100	First United Methodist Church 341 S. Kalmia Escondido	Mondays: 4:00 PM
7	Fallbrook	Marcy Burge	760-723-2773	Fallbrook Presbyterian Church 463 S. Stagecoach Lane, Fallbrook	Saturdays: 8:30 to 9:30 a.m.
8	Murrietta (1)	Kristin Andersen	(951) 696-9428	Home of Debbie Lindsay 23511 Silverwood, Murrietta	Thursdays: 12:30 p.m.
9	Murrietta (2)	Kristin Andersen	(951) 696-9428	Murrietta United Methodist Church 24652 Adams Ave., Murrietta	Mondays: 4:00 p.m.
10	Oceanside	Ed Clifford	760-630-1897	Mission San Luis Rey McKeon Center Room 19	Wednesdays: 7:00 p.m.
11	Poway (1)	Evie McGreevy	858-748-6805	Saint Gabriel Catholic Church 13734 Twin Peaks Road, Poway	Fridays: 9:30 to 11:00 a.m.
12	Poway (2)	Colleen Clementson Rebecca Crowley	858-748-8548 858-748-3801	Community Church of Poway 13501 Community Road, Poway	Tuesdays: 6:30 to 8:00 p.m.
13	Poway (3)	Sue & Chris Hagen	760-745-8860	St. Bartholomew's Episcopal Church 16275 Pomerado Road, Poway	Tuesdays: 5:00 p.m.
14	Poway (4)	Sue & Chris Hagen	760-745-8860	St. Bartholomew's Episcopal Church 16275 Pomerado Road, Poway	Tuesdays: 6:30 p.m.
15	Ramona	Joan Gansert	760-518-2081	Immaculate Heart of Mary Catholic Church 537 E Street, Ramona	Fridays: 8:30 a.m. Daily Mass Chapel
16	Rancho Bernardo (1)	Maureen Anderson	858-673-8886	San Rafael Chapel	Wednesdays: 7-8:00 p.m.
17	Rancho Santa Fe	Marlynn McCullogh	760-436-1924	Church of the Nativity 6309 El Apajo, Rancho Santa Fe	Saturdays: 9:00 a.m.
18	Temecula	Bob Dudley	951-302-9652	St. Thomas Episcopal Church Sanctuary 27655 Jefferson Avenue, Temecula	Wednesdays: 4:00 p.m.

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### CONSD Registration Form

Name of Event \_\_\_\_\_ Date & Location of Event \_\_\_\_\_  
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Address \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip(+4) \_\_\_\_\_ E-Mail \_\_\_\_\_

Prayer Group or Parish \_\_\_\_\_ Registration Fee \$ \_\_\_\_\_ Enclosed Amount \_\_\_\_\_ Credit cards not accepted. Please make checks payable to "CONSD" Mail to: CONSD 908 Via Linda Escondido, California 92029